

God Has a Plan: A Series on Ephesians  
Pt 5: Praying for Strength

Scripture: Ephesians 3:14-19

Discipleship Questions

1. In Ephesians 3:14, Paul informs the Ephesians that he has been praying that they will be strengthened in their inner being by God. This strength is the opposite of the discouragement Paul mentions in the preceding verse. When you find yourself in seasons where you could become spiritually discouraged, do you pray that God will strengthen your spirit so that your heart won't become poisoned towards God or others? If not, how might engaging in this prayer influence how you navigate difficult situations — both emotionally and spiritually?
2. When we think of God speaking, we tend to imagine earth-shaking experiences, yet when God spoke to Elijah, He did so in a whisper. As a whisper can be challenging to hear, what are you doing to not miss what God is speaking to you? What are some things you can do today to hear God more clearly?